



**2021/2022 INFORMATION
ACADEMY PROGRAM
(U13's to U20's)**

WSRL ACADEMY PROGRAM CALENDAR (13's to 20's)

All sessions will be held at Ruse Park (84 Stacey Street Sth, Bankstown) unless otherwise specified.

DATE	TIME	SESSION DESCRIPTION
Saturday, 27 November 2021	(13's -16's) 9:00am to 10:15am (17's – 20's) 10am to 11:15am	ORIENTATION DAY & FITNESS TESTING (at The Crest Sporting Complex)
Monday, 29 November 2021	(13's -16's) 5pm to 6:15pm (17's – 20's) 6pm to 7:15pm	
Wednesday, 1 December 2021	(13's -16's) 5pm to 6:15pm (17's – 20's) 6pm to 7:15pm	
Saturday, 4 December 2021	(13's -16's) 9:00am to 10:15am (17's – 20's) 10am to 11:15am	
Monday, 6 December 2021	(13's -16's) 5pm to 6:15pm (17's – 20's) 6pm to 7:15pm	
Wednesday, 8 December 2021	(13's -16's) 5pm to 6:15pm (17's – 20's) 6pm to 7:15pm	
Monday, 13 December 2021	(13's -16's) 5pm to 6:15pm (17's – 20's) 6pm to 7:15pm	THEORY SESSION & MENTAL HEALTH
Wednesday, 15 December 2021	(13's -16's) 5pm to 6:15pm (17's – 20's) 6pm to 7:15pm	
Saturday, 18 December 2021	(13's -16's) 9:00am to 10:15am (17's – 20's) 10am to 11:15am	FITNESS TESTING (at The Crest Sporting Complex)
19 December 2020 — 7 January 2021	HOLIDAY BREAK	HOLIDAY BREAK

Saturday, 8 January 2021	(13's -16's) 9:00am to 10:15am (17's – 20's) 10am to 11:15pm	
Tuesday, 11 January 2022	(13's -16's) 5pm to 6:15pm (17's – 20's) 6pm to 7:15pm	
Thursday, 13 January 2022	(13's -16's) 5pm to 6:15pm (17's – 20's) 6pm to 7:15pm	
Saturday, 15 January 2022	(13's -16's) 9:00am to 10:15am (17's – 20's) 10am to 11:15pm	
Tuesday, 18 January 2022	(13's -16's) 5pm to 6:15pm (17's – 20's) 6pm to 7:15pm	
Thursday, 20 January 2022	(13's -16's) 5pm to 6:15pm (17's – 20's) 6pm to 7:15pm	
Saturday, 22 January 2022	(13's -16's) 9:00am to 11am (17's – 20's) 10:00am to 12:00pm	FITNESS TESTING & OPPOSED SESSIONS (at The Crest Sporting Complex)